

# Island Glide

## Paddle Board Safety Course - Demo Chapter

This sample file is a placeholder demo download for the landing page.

It is already wired to the CTA buttons, so you only need to replace it with the real course PDF when ready.

### **Inside the full product you could include:**

- Safety checklist before entering the water
- How to stand up without shaking or overcorrecting
- Paddle grip and stroke efficiency basics
- Wind and shoreline awareness
- What to do after a fall and how to remount

### **Quick teaching note**

Keep the tone calm, elegant, and confidence-building. The page is designed to support a refined tropical brand positioning rather than a generic ebook.

Replace this placeholder with the final branded manual at the same path:

`./assets/paddle-demo-manual.pdf`